

## Parallel sessions PANELS & SIMPOSIA



October 25<sup>th</sup>, 10:30

SESSION I

ROOM 1

Panel ID PN-04

### What is the relation between psychological trauma and dissociation?

**Andreas Laddis**, Andreas Laddis is a psychiatrist in Massachusetts, USA. He has worked mainly in public institutions for psychiatric care, where he promoted psychotherapy for clients with complex posttraumatic disorders. In the International Society for the Study of Trauma and Dissociation, he has advocated for the development of testable theory as the necessary means for clinical experimentation and shareable progress. He is currently Editor for *Frontiers in the Psychotherapy of Trauma and Dissociation*, ISSTD's new clinical e-journal., Shrewsbury, US

**Ellert R.S. Nijenhuis**, Ph.D., is a psychologist, psychotherapist, and researcher. He has engaged in the diagnosis and treatment of severely traumatized patients for more than three decades, and teaches and writes extensively on the themes of trauma-related dissociation and dissociative disorders. He initiated and continues to be engaged in the biopsychological study of complex dissociative disorders. Nijenhuis is a consultant at Clenia Littenheid, Switzerland, and collaborates with several European universities. His theoretical, scientific, and clinical publications include the book *Somatoform Dissociation*. With Onno van der Hart and Kathy Steele he co-authored the book *The Haunted Self: Structural Dissociation and the Treatment of Chronic Traumatization*. The first two volumes of Nijenhuis' recent trilogy *The Trinity of Trauma: Ignorance, Fragility, and Control* appeared in 2015. The third volume, *Enactive Trauma Treatment* was released in 2017. The International Society for the Study of Trauma and Dissociation granted him several awards, including the Lifetime Achievement Award.

**Jenny Ann Rydberg** is a clinical psychologist (MA from the Université Libre de Bruxelles) in private practice specializing in the treatment of complex trauma and dissociation, an associate teacher at the University of Lorraine, a member of the editorial committees of the *European Journal of Trauma and Dissociation* and the *Journal of EMDR Practice and Research*.

**Adriano Schimmenti**, PhD, DCLinPsych, is full professor of psychodynamic psychotherapy and director of the MSc Clinical Postgraduate Degree at UKE – Kore University of Enna (Italy), where he is also the Delegate of the Rector for students with neurodevelopmental, physical and Learning disabilities. He is deputy director of the SIPDC – Italian Society of Psychological Assessment, research director of the IIPP – Italian Institute of Psychoanalytic Psychotherapy, and is the Editor of an Italian book series on psychotraumatology. He has been trained in the administration and scoring of several interview-based measures, including the Adult Attachment Interview, the Attachment Style Interview, the Childhood Experience of Care and Abuse, and the Psychopathy Checklist-Revised. He has authored/coauthored 102 articles, 34 book chapters, and 8 books. He has published in leading journals on the topics of childhood trauma, attachment, and dissociation.













